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Building on the successful foundation achieved since its inaugural year 2005 when two of its teams finished as U12 Boys National Finalists and as U14 Boys National Champions; 2006 when the U16 Boys became National Finalists; and 2007 when the U13 and U14 Boys finished as National Finalists and the U14 Girls became National Champions, and 2008, when the U16 Boys and U16 Girls became National Finalists and the U15 Boys became National champions; Life Skills Through Soccer A NJ Nonprofit Corporation, proudly announces the schedule of activities of **Life Skills Through Soccer Futsal Club**, for the season **2008-2009**.

What is Futsal?

Futsal is FIFA's only officially recognized form of Indoor Soccer, which is essentially, a scaled down version of outdoor soccer played indoors. It is a small sided game (5v5) played on a smaller field (roughly basketball court sized) with a smaller specially manufactured (size 3-4) ball. Futsal is played with touchline boundaries. There are no walls included in play. This is the game that outdoor soccer players around the globe play when they are indoors to refine and maintain their control skills and touch. It is superior to walled soccer in terms of developing better skills and technique. In traditional American "walled" soccer, players regularly *whack the ball (and sometimes their bodies)* against the boards which promote improper technique and too often reward errant play. In Futsal, players are constantly reminded to play the same quality controlled game that is required for success in the outdoor game.

History of the Game

The origin of Futsal can be traced back to Montevideo, Uruguay, in 1930 when Juan Carlos Ceriani devised a five-a-side version of soccer for youth competition for the "Asociacion Cristiana de Jovenes" (YMCA). The game is played on basketball-sized courts, both indoors and out without the use of sidewalls. The term FUTSAL is the international term used for the game. It is derived from the Spanish or Portuguese word for "soccer", FUTbol or FUTebol, and the French or Spanish root word for "indoor" or "room", SALon or SALLe or SALa. Taken literally, **Futbol/Futebol** means '**foot and ball**' (i.e. playing outdoors) and **Futsal** indicates '**Futbol and sala or salon**' (i.e. playing indoors). The game is frequently referred to as Five-A-Side. Once Mr. Ceriani got the ball rolling, Futsal gained rapid popularity throughout South America, particularly in Brazil. The skill developed in this game is visible in the world-famous style the Brazilians display outdoors on the full-sized field. Pele, Zico, Socrates, Bebeto, Ronaldinho, and other Brazilian superstars developed their skill playing Futsal. While Brazil continues to be the Futsal hub of the world, the game is now played, under the auspices of FIFA, all over the world, from Europe to North and Central America and the Caribbean, South America, Africa, Asia and Oceania.

The first international competition took place in 1965, when Paraguay won the first South American Cup. Six more South American Cups were held through 1979, with Brazil winning all of them. Brazil continued its dominance with a victory in the first Pan American Cup in 1980 and won it again the next time it was played in 1984. A U.S. team took part in the 1984 cup, but finished out of the running.



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The U.S. Futsal Federation was incorporated in January, 1983. Osvaldo Garcia was the first president. The game originally was referred to as Minisoccer and then became known by its official international name, Futsal. The current federation president is Alexander J.C. Para. The first Futsal World Championship conducted under the auspices of FIFUSA (before its members integrated into FIFA in 1989) was held in Sao Paulo, Brazil, in 1982, with Brazil finishing in first place. The Brazilians repeated as champions at the second World Championship in 1985 in Spain, but lost in the third World Championship in 1988 in Australia to Paraguay. FIFA took over direct sponsorship of the event in 1989 in Holland and 1992 in Hong Kong. Brazil won both times. The U.S. Futsal (Indoor Team) finished third in 1989 and second in 1992. The highest showing by any team from the United States in a FIFA tournament until the U.S. Women's team won the gold medal in China for outdoor soccer. The Third FIFA World Futsal Championship was held November 24 through December 11, 1996 in Spain, with Brazil capturing the title one more time. The 2000 World Cup held in Guatemala City saw a change with Spain crowned as the winner. Spain repeated again in China 2004.

In the summer of 2007, at the Pan American Games held in Rio de Janeiro, Brazil, Futsal became, for the first time, a sport in the official schedule of competition, with Brazil taking the gold medal. Including Futsal into the Pan American games was an IOC experiment to find out the popularity of the sport among the international community and as part of a plan to include Futsal as an official Olympic Sport in the 2008 Olympic Games to be celebrated on Chinese soil.

The 2008 Futsal World Cup is scheduled to be hosted by the City of Rio de Janeiro, Brazil.

The first international Futsal match in the United States was held in December, 1985, at Sonoma State University in Rohnert Park, Calif. The U.S. select team defeated Australia, 9-5.

U.S. Futsal has conducted a National Championship each year since 1985 for boys and girls in every even age groups up to U20 (U10, U12, U14, U16, etc), there are also competitions for open (any age), and senior players. Futsal is establishing itself at the youth level in the U.S. The Boys and Girls Clubs of America took a strong interest after the Columbia Park Club in San Francisco asked the Federation to give a demonstration. The national organization adopted the sport, and it is now played at about 5000 Boys and Girls Clubs throughout the U.S.

The U.S. Youth Soccer Association (USYSA) and U.S. Futsal signed an agreement in August of 1995, to promote Futsal in all National State Associations under the auspices of U.S. Futsal.

Massachusetts was the first state to sign an agreement with U. S. Futsal. The New Jersey Futsal President is Mr. Steve Schilling.

LSTS Futsal Club

After 13 years of practicing and playing in multiple Mercer County area venues, as McCarristin High School (first Futsal League in New Jersey) and the Hun School of Princeton; in the winter of 2004-05, the LSTS Futsal Club was founded. Four LSTS teams participated in the NJ State Cup competition with two of them qualifying for the Regional Competition in Pittsburg, PA. After a snow-stormy weather weekend of strong playing, the two LSTS Futsal Club teams qualified for the National Futsal Tournament, finishing as U12 Semi-finalists and U14 North East Regional Champions.



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Held at the Convention Center in Anaheim, CA, in mid July, 2005, the XIX National Futsal Tournament proved to be one of the greatest experiences for the Life Skills Through Soccer organization, as both of its teams advanced to their respective final matches, with the Boys U14 becoming the 2005 US Futsal National Champions.

But it wasn't until the season of 2005-06, when LSTS established itself as a New Jersey Futsal powerhouse. That season, five out of five of its teams that participated in the New Jersey State Cup Competitions, qualified to participate in the North-East Regional Futsal Tournament, held in Baltimore, MD. Once again, two LSTS Futsal teams participated in the XX National Futsal Tournament, with the U16 Boys finishing as National Finalists.



A program that started as a modest effort to promote the game of Futsal among the Central New Jersey community, turned out to become a real Futsal phenomenon. In the season of 2006-07, LSTS Futsal Club set an unprecedented record in NJ of teams qualifying to the Regional Championships. After finishing in the domestic New Jersey State Cup competition, with 3 teams becoming NJ State Cup Champions, 2 becoming State Cup Finalists, and 2 more finishing as State Cup Semi Finalist. The LSTS Futsal Club qualified 7 teams to the North East Regional Tournament, hosted by the Pennsylvania

Futsal Association in Downingtown, PA. Four LSTS Futsal Club teams reached the final match of their respective age groups with the U14 Boys becoming North-East Regional champions, and the U13 Boys, U14 Girls and U16 Boys finishing as North-East Regional finalists.

Four LSTS Futsal Club teams qualified at the North-East Regional Tournament to participate in the US Futsal National Tournament held at the Anaheim Convention Center in Anaheim, CA, but only three of them attended. Once more the LSTS Futsal Club teams shone through their respective age competitions, with all three teams reaching their respective final match, finishing as U14 Girls National Champions, and U13 and U14 Boys National Finalists. As the LSTS Futsal Club U14 Girls team were attending their Award Ceremony, they were introduced as one of the teams of "the most successful Futsal Club in the US east coast" by a US Futsal Officer, a very complimentary statement to acknowledge all those young athletes that have proudly represented the LSTS Futsal Club and the State of New Jersey at all levels of Futsal over the last three years.



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The 2007-08 Season is been perhaps one of the most successful for the LSTS Futsal Club. Starting at the NJ State Cup competition with five teams, three of them became NJ State Cup Champions: the U14 Girls, U15 Girls and U16 Girls.

Five teams qualified and attended the North-East Regional Tournament in Boston MA, with all five teams qualifying for the US Futsal National Championships held in Baltimore, MD.

Held for the first time in 23 years, out of California, the US National Tournament proved to be a great success for Maryland Futsal Association as organizers, and certainly for LSTS Futsal. Six LSTS teams attended the XXIII National championship, with the U14 Girls finishing as National Semifinalists, the U16 Girls and the U16 Boys finishing as National Finalists and the U15 Boys becoming National Champions.



LSTS Futsal Club has taken a more aggressive international approach, as a few of LSTS FC players took the opportunity to travel overseas to practice and play at the famous FC Barcelona facilities in Barcelona, Spain, over the summer of 2006. FC Barcelona is well known to the world for their superb professional 11 a side team where Etto, and Messi marvel us with their incredible skill. In Europe, FC Barcelona is also known for their support and sponsorship to multiple teams in a variety of professional sports as:

Ice Hockey, Basketball, Team Handball, Volleyball and Futsal. FC Barcelona's Futsal team plays for the Second Honor Division of the Professional Spanish Futsal League and have access to their own indoor training gym (where the famous Nike/young-old Ronaldinho/Futsal commercial was recorded), and their playing Arena, the famous "Palau Blaugrana".

In the summer of 2006, **LSTS** in partnership with **E-3 Sports**, offered the opportunity to 16 selected NJ players to travel to Barcelona (Catalonia), Spain to be part of a two week training program, conducted by FC Barcelona coaches, at the famous club's facilities. Included among the highlights of their training were a couple of Futsal sessions at the Club's Futsal Training facility.



LSTS Futsal Club has plans to visit Rio de Janeiro, Brazil during the fall 2008, to train in a professional Futsal Club environment, play in a tournament and attend a few of the Futsal World Cup games. More information contact us at futsal@lststfc.org



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LSTS FUTSAL CLUB STABLISHED IN JANUARY 2005	
*U 14 BOYS 2005 NORTH-EAST REGION CHAMPIONS	
U12 BOYS 2005 NORHT-EAST REGION SEMI FINALISTS	
*U 14 BOYS 2005 NATIONAL CHAMPIONS	
U12 BOYS 2005 NATIONAL FINALISTS	
U12 BOYS 2006 NEW JERSEY STATE CUP SEMIFINALISTS	
*U 13 BOYS 2006 NEW JERSEY STATE CUP CHAMPIONS	
U14 BOYS 2006 NEW JERSEY STATE CUP FINALISTS	
U16 BOYS 2006 NEW JERSEY STATE CUP FINALISTS	
U16 BOYS 2006 NORTH-EAST REGION FINALISTS	
U16 BOYS 2006 NATIONAL FINALISTS	
U10 BOYS 2007 NEW JERSEY STATE CUP SEMIFINALISTS	
U11 BOYS 2007 NEW JERSEY STATE CUP FINALISTS	
U12 BOYS 2007 NEW JERSEY STATE CUP FINALISTS	
*U 13 BOYS 2007 NEW JERSEY STATE CUP CHAMPIONS	
U14 BOYS 2007 NEW JERSEY STATE CUP SEMIFINALISTS	
*U 14 GIRLS 2007 NEW JERSEY STATE CUP CHAMPIONS	
*U 16 BOYS 2007 NEW JERSEY STATE CU P CHAMPIONS	
U13 BOYS 2007 NORTH-EAST REGION FINALISTS	
*U 14 BOYS 2007 NORTH-EAST REGION CHAMPIONS	
U14 GIRLS 2007 NORTH-EAST REGION FINALISTS	
U16 BOYS 2007 NORTH-EAST REGION FINALISTS	
U13 BOYS 2007 NATIONAL FINALISTS	
U14 BOYS 2007 NATIONAL FINALISTS	
*U 14 GIRLS 2007 NATIONAL CHAMPIONS	
*U 14 GIRLS 2008 NEW JERSEY STATE CUP CHAMPIONS	
*U 15 GIRLS 2008 NEW JERSEY STATE CUP CHAMPIONS	
*U 16 GIRLS 2008 NEW JERSEY STATE CUP CHAMPIONS	
U12 BOYS 2008 NEW JERSEY STATE CUP SEMIFINALISTS	
U14 BOYS 2008 NEW JERSEY STATE CUP SEMIFINALISTS	
U15 BOYS 2008 NEW JERSEY STATE CUP SEMIFINALISTS	
*U 14 GIRLS 2008 PA EAST STATE CUP CHAMPIONS	
U16 GIRLS 2008 PA EAST STATE CUP FINALISTS	
U12 BOYS 2008 NORTHEAST REGION QUARTERFINALISTS	
U14 BOYS 2008 NORTHEAST REGION SEMI FINALISTS	
U16 BOYS 2008 NORTHEAST REGION QUARTERFINALISTS	
U16 GIRLS 2008 NORTHEAST REGION SEMI FINALISTS	
U14 GIRLS 2008 NATIONAL SEMI FINALISTS	
*U 15 BOYS 2008 NATIONAL CHAMPIONS	
U16 GIRLS 2008 NATIONAL FINALISTS	
U16 BOYS 2008 NATIONAL FINALISTS	



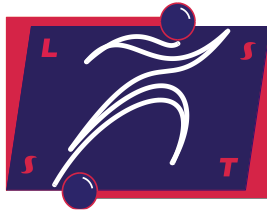
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LSTS Futsal Club: Season 2008-2009



This fall 2008, LSTS Futsal Club will form teams in every age group to participate in the New Jersey State Cup Championships (NJ Futsal will hold competitions for the U10, U12, U14, and U16 ages separately). The selection of players for the Futsal teams that will represent the LSTS Futsal Club in those competitions will be determine by a "Tryout Process". **Tryouts are open to all LSTS and non LSTS Football Club players**. Participating in the LSTS Futsal Club tryouts does n't imply an obligation towards the LSTS Outdoor teams.

Teams participating in the NJ Futsal State Cup and qualifying for the North-East Regional Championships will represent LSTS in that competition playing for their appropriate age groups.

The LSTS Futsal Club reserves the rights to select the most appropriate players for those teams representing its name. Players selected to be part of the LSTS Futsal Club teams are evaluated using the criteria developed by its coaches for players, based in their ability to play and compete with national standards. Players participating in the Futsal Club teams may come, but not exclusively, from LSTS FC outdoor teams.

LSTS Futsal Club teams are formed with the intention to compete at a National level. The U14 Boys team that won the 2005 National Championship and the U16 Boys team that finished as a Finalist in the 2006 of the same competition were composed of players that came from a variety of U13/U14, and U15/U16 teams in New Jersey, respectively. An invitation to participate in an LSTS Futsal Club team tryout doesn't imply an obligation for LSTS or an automatic inclusion in the team. Once selected, a player invited to be part of an LSTS Futsal Club team will have to decide within 48 hours whether that is something he/she can commit to, as LSTS expects all players to be available for NJ State, North-East Regional and US National Futsal Competitions. **Invitations to play for an LSTS Futsal Club Team are not transferable.**

The procedure for the season 2008-09 is to first, **attend all tryout training sessions scheduled for the candidate's age group**. LSTS Coaching Staff (using the criteria based in our experiences in previous years at all levels of US Youth Futsal), will run a selection process (tryout), where they will observe and objectively evaluate every candidate's abilities. **LSTS staff is looking for players that will be capable of competing at the National Tournament level in a short period of training time.** Players selected for the teams will practice a



few times and will represent the LSTS Futsal Club in the NJ Futsal State Cup (scheduled for January 2009, in selected New Jersey venues). If a team qualifies for the North-East Regional Competition (In 2009 the Regional Tournament will be held in New York State over the President's Day Weekend), they will have to attend a couple more practices, and again represent the club in the Regional Event. In the case of a team qualifying for the US Futsal National



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Tournament, the players in that team will have to train a number of times (some of these training sessions will be indoors during the summer time) to prepare before departing to the Baltimore Convention Center in Baltimore, MD.



Every stage of participation carries a **high non-negotiable level of commitment. Also there is a separate fee for every stage that a team advances into**, mostly to cover the expenses of paying for the tournament's registration, indoor training space, and training/coaching. Accommodations and lodging (in the case of those teams traveling to Regional and National competitions), are exclusively the participants' parents/guardian responsibility.

Players not associated with LSTS FC or LSTS Academy looking for more detailed information, can contact LSTS Futsal by Email at futsal@lststfc.org

US Futsal rosters are made of 14 players, but **LSTS Futsal Club limits its rosters to no more than nine (9) player maximum** (based on previous experiences, playing time becomes an issue in a large roster. Due to families traveling far distances and paying expenses to have their kids participate in these events, LSTS keeps the roster of players limited to a small number to maximize individual participation on the court). **An important requirement for all candidates to be part of an LSTS Futsal Club team is that they must be available for every stage of the competition; from NJ Futsal State Cup, to the North-East Regional Tournament, to the US National Championships.**



In the season 2008-09, LSTS Futsal Club will also run a non-compete training program. Please check out for more information in our web-site www.lststfc.org or contact us by Email at futsal@lststfc.org



Most of the LSTS Futsal Club practices are held at the Hun School of Princeton, an oversized gym with capacity for an International Standard surface (wooden floor) and size court (42x25 yards), and plenty of free space between the side lines and the nearest padded wall. Also included may be the Stuart School of the Sacred Heart in Princeton NJ, and the Cranbury School in CRanbury, NJ. Directions to all venues can be downloaded from the LSTS web site at: www.lststfc.org



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Financial Obligations

The financial obligation for players selected for the LSTS Futsal Club Teams for the first stage (NJ Futsal State Cup) is **\$295.00** Payment includes: NJ State Cup Tournament fee, indoor training space, US Futsal individual player registration fee, and training/coaching costs.

Please make your checks payable to Life Skills Through Soccer (LSTS) and mail them to: **PO Box 94 Princeton Junction, NJ 08550**. For further information, please Email us at futsal@lstsacademy.org.

LSTS FUTSAL CLUB 2008/2009 TRYOUTS SCHEDULE

AGE GROUP	LOCATION	DATES	TIMES
Boys U11/12	CRANBURY SCHOOL	10/8,10/15,10/22 & 10/29	5:45 PM- 7:15 PM
Boys U13/14	CRANBURY SCHOOL	10/8,10/15,10/22 & 10/29	8:15 PM-9:45PM
Boys U15/16	TBD	TBD	TBD
Girls U13/14	CRANBURY SCHOOL	10/8,10/15,10/22 & 10/29	7:00 PM-8:30 PM
Girls U15/16	TBD	TBD	TBD

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