
About Life Skills Through Soccer

The LSTS Training is an intensive and innovative youth soccer development program.

Our mission is to provide advanced soccer training for the committed, skilled, and disciplined young players that will develop the "whole" person/athlete in an age appropriate context.

Our objectives are:

- Provide competitive soccer training and personal character development.
- Focus on each student-athlete's growth both as an individual and as an effective team member.
- Provide players with experience through which they can learn lifelong lessons applicable in a wide variety of settings and relationships.
- Emphasize the use of moral and ethical principles as the primary educational tool for accomplishing success.

The program features a progressive methodology of training and competitive schedule that doesn't skip important steps in the development process to promote winning as an end in itself. "Life Skills Through Soccer" at the youth development level is geared toward stimulating the player's ability to create and appreciate the game being played with finesse and intelligence ("the beautiful game of soccer").

LSTS training uses a variety of small-sided games to increase the players' interaction with the ball and to give the opportunity to each player to play everywhere on the field, as well as special variations of the dimensions and shapes of playing areas, number of players, number of ball touches, the number of goals, etc., to make the exercises more realistic.

Extensive information on the LSTS training program is available on our website.

LSTS ACADEMY TRAINING STAFF:

Jorge A. Roman USSF A License, USSF and NSCAA National Youth Licensed. NSCAA Premier Diploma. NJYS and NSCAA Coaching Staff Member. NSCAA/Adidas 2006 Youth Soccer National Coach of the Year. US Futsal Coaching and Referee Instructor.

Chris Mayer USSF National D License, former Princeton University Assistant Coach (10 Years), former Princeton Soccer Association Director of Coaching & Player Development (7 years).

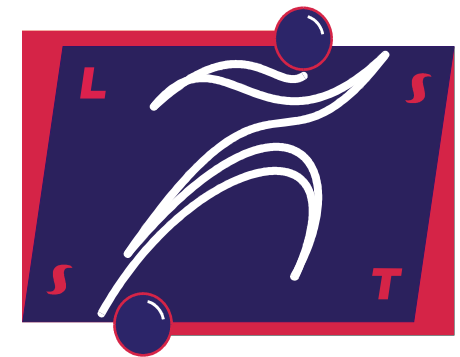
Salvador Baldino USSF National C License, NSCAA National Goalkeepers Diploma. Former NJ Wildcats (professional woman soccer team) General Manager.

Life Skills Through Soccer
Fall Academy 2009 Program
P.O. Box 94
Princeton Junction, New Jersey
08550

LIFE SKILLS THROUGH SOCCER
A NJ NONPROFIT CORPORATION

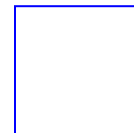
Jorge Roman
Director Of Training &
Player Development

LSTS Academy 2009 Fall Developmental Program (Training & Games)



*Intended for boys and
girls ages Kindergarten
through 5th grade*

www.lstsacademy.org



The Life Skills Through Soccer Fall Developmental Program offers an opportunity for players ages K through 5th grades, to participate in progressive developmental outdoor soccer training. This program is designed and customized as an introduction and follow up for future traveling team players seeking for a place to train and play under professional supervision. The program provides:

offers an opportunity for players ages K through 5th grades, to participate in progressive developmental outdoor soccer training. This program is designed and customized as an introduction and follow up for future traveling team players seeking for a place to train and play under professional supervision. The program provides:

- 7 weeks of scheduled training sessions. A progressive introduction to the world of traveling soccer.
- 1 hour sessions with ½ hour instruction and ½ hour games.
- Professional training and personalized attention. Official LSTS Academy training T-shirt.

SCHEDULE:

Kindergarten & 1st Grades: 9:00 am - 10:00 am

9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31

2nd & 3rd Grades 10:15 am-11:15 am

9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31

4th & 5th Grades: 11:30 am - 12:30 pm

9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31

LOCATION:

Mercer County Park:

From Route 1 north or south, take the exit to Quakerbridge Road east. Go through five traffic lights and make a left on Hughes Drive, follow the road for about ¾ of a mile to entrance of the park.

TUITION:

\$135.00 per player (for the season).

Cancellations could occur due to Mercer County Community Park regulations during inclement weather. There won't be rainy days make-ups.

Player Registration Form

Name: _____

Address: _____

Age: _____ DOB: _____ Sex: M F

Parent/Guardian Name(s): _____

Phone: H _____ W _____

Phone: H _____ W _____

Email: _____

Email: _____

Current Grade: _____

Emergency Contact (1): _____

Emergency Contact (2): _____

List all physical limitations (allergies, hearing, asthma, sight, etc): _____

Sponsorships: Cost of Sponsorship for a team is \$300 This includes sponsors name on a team's T-shirt and a team photo as well as a spot on the LSTS website.

Sponsor Name: _____
(Please enclose check with registration form). Checks should be made out to LSTS Academy.

PLEASE CHECK IN THE CORRECT AGE GROUP:

Kindergarten & 1st Grade

2nd & 3rd Grade

4th & 5th Grade

PLEASE CHECK IN THE APPROPRIATE BOX:

"YES", I am interested in coaching

"NO", I am not interested in coaching

As the parent or legal guardian of the child named above, I hereby give my full consent and approval for my child to participate as a team member in the Life Skills Through Soccer Fall Developmental Training Program.

I understand there are certain risks of injury inherent in the practice and play of this sport, as well as in other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child.

I hereby certify that my child is fully capable of participating in the program and that my child is healthy and has no physical or mental disabilities or infirmities that will restrict full participation in these activities, except as listed below.

In addition to giving my full consent for my child's participation, I do hereby waive, release and hold harmless to the Life Skills through Soccer Organization and Training Programs, its officers, directors, employees, and other affiliated personnel or organizations, including the owners and operators of fields and facilities utilized for the program, for any injury that may be suffered by my child in the normal course of participation in the program and the activities incidental thereto, whether the result of negligence or any other cause.

Date

Signature

For more information Email us at:

Please, send a completed form with payment to:
info@lstsacademy.org
Life Skills Through Soccer

POB 6581

Lawrenceville, NJ 08648

Questions? Email: program@soccerlifeskills.org